

## Molecular Characterization of Enteroviruses Isolated from Acute Flaccid Paralysis Cases in Poland, 1999–2014

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### Abstract

Enteroviruses (EVs) are among viral pathogens that can cause acute flaccid paralysis (AFP). This study represents an overview of EVs isolated through AFP surveillance in Poland between 1999 and 2014. The presence of enteroviruses was studied in stool samples that were collected from 747 AFP cases and their asymptomatic contacts. Fifty five (6.12%) cases of AFP were associated with enterovirus isolation. Out of the 55 positive cases, 40 were associated with detection of enterovirus in patient, and 15 with detection of EV in healthy contact, without positive detection in paralytic patient. Polioviruses were isolated from 35 AFP cases. The results of this study showed that about 43.6% of positive AFP cases were found in association with the isolation of non-polio enteroviruses (NPEV). A total of 12 different types of the species B were detected (CVA9, CVB1, CVB3, CVB4, CVB5, E3, E4, E9, E11, E13, E30), and one additional isolate represented the species enterovirus A (EV71). Among the 12 serotypes of species B, CVB3 and CVB5 were more frequently detected than others, representing 40% of the characterized isolates, followed by CVB4 (16%), E4 (8%), and E11 (8%). Phylogenetic analysis revealed that strains from Poland had the closest genetic relationship with isolates previously identified in Europe (France, Finland, Denmark, Moldova) but also in other parts of the world (Tunisia, China, USA), suggesting wide distribution of these lineages. The paper provides information about NPEV circulation in Poland in the past 16 years, about its association with the AFP and it indicates the need for monitoring NPEV circulation even after the eradication of poliomyelitis.

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**Key words:** acute flaccid paralysis, coxsackieviruses, enteroviruses, poliovirus

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### Introduction

Acute flaccid paralysis (AFP) is a clinical syndrome characterized by rapid onset of weakness, which has many infectious and non-infectious causes, including viruses, bacteria, toxins, and systemic disease. AFP is the most common sign of acute polio, nationwide acute flaccid paralysis surveillance is the gold standard for detecting cases of poliomyelitis. This syndrome is also associated with a number of other viral pathogens, including non-polio enteroviruses (NPEVs), flaviviruses and adenoviruses, among others (Ooi *et al.*, 2003; Saad *et al.*, 2005). Several NPEVs have been isolated from cases associated with paralytic disease, including coxsackieviruses (types A 2–11, 14, 16, 21 and 22; and types B 1–6); echoviruses (types 1–4, 6, 7, 9, 11, 14, 16–19 and 30) and enteroviruses (types 68, 70, 71, 77, 89–91, 93, 99, 102, 104) (Shaukat *et al.*, 2013; Angez *et al.*, 2015).

Human enteroviruses (polioviruses and non-polio enteroviruses) are members of the *Picornaviridae* family, a large and diverse group of small RNA viruses

characterized by a single-positive-strand genomic RNA. They are classified into four species: enteroviruses A, B, C and D. More than 100 serotypes are described. They affect millions of people worldwide each year, and are often found in the respiratory secretions and stool of an infected person. Peak EV transmission occurs in the summer and fall in temperate climates. Enteroviruses enter the host by crossing the intestinal mucosa. The outer capsid, which is composed of major structural proteins VP1–VP3, is responsible for host-receptor binding and viral entry into the host cell. Important serotype-specific neutralization epitopes are located on the most external and immunodominant protein VP1 (Halim and Ramsingh, 2000). Molecular methods based on the amplification and sequencing of the VP1 coding region have been used for determination of serotype and for molecular characterization of enteroviruses.

Diagnosis of enterovirus associated with acute flaccid paralysis cases is based on classical virological procedures. Tests for virus isolation are performed on two adequate stool specimens collected within 14 days of

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onset of paralysis, and 24–48 hours apart, from each AFP patient aged less than 15 years. The serotype of strains isolated by this method is identified with neutralizing assay using type-specific antisera (WHO, 2004).

The most common cause of AFP, virus polio, is nearly completely eradicated as a result of global immunization efforts. During the last years, greater attention has been focused on non-polio enteroviruses, which can also cause a polio-like paralytic disease. Several cases of paralysis were reported with coxsackieviruses in Scotland (Grist and Bell, 1984). EV 71 has caused epidemics of acute flaccid paralysis in recent years (especially in Asia), often in association with hand, food and mouth disease (Liu *et al.*, 2000). EV 68, which primarily causes respiratory infections, is another serotype that may cause AFP. Paralysis cases associated with enterovirus 68 have been almost unseen, until now (Lang *et al.*, 2014). These cases illustrate the importance of appropriate screening for polio and non-polio enteroviruses.

The aim of this study was the molecular characterization of non-polio enteroviruses isolated from AFP cases registered in Poland in the period 1999–2014, identification prevalent serotypes, and determination of their genetic diversity.

## Experimental

### Materials and Methods

**Virus isolation in cells.** In this study, stool samples were obtained from 747 children (< 15 years) with AFP and from their close contacts, during a 16-year period (1999–2014). Stool samples were processed according to the standard procedure recommended by WHO (WHO, 2004). Samples were inoculated onto 2 cell lines, human rhabdomyosarcoma (RD) and a mouse cell line carrying the poliovirus receptor (L20B). RD and L20B cells were cultivated in minimal essential medium (MEM) supplemented with 10% foetal bovine serum (FBS). A volume of 200 µl of sample was inoculated into tubes with RD and L20B cells. The tubes were incubated at 36°C and were examined daily. After 7 days, the tubes were frozen and thawed and re-passaged, and another 7-day examination was performed. Each specimen underwent two passages in RD and L20B cells. The development of EV-like cytopathic effect was monitored during 14 days post inoculation. Isolates were initially characterized by a neutralization assay using poliovirus specific antisera and pooled antisera against most NPEVs (National Institute for Public Health and the Environment, The Netherlands). All detected NPEVs were sequenced.

**RNA isolation and RT-PCR.** Viral RNA was extracted from NPEV positive cell culture supernatant

using QIAamp Viral RNA Mini Kit (Qiagen) following the manufacturer's instructions. Extracted RNA was amplified by a combined RT and first round PCR using Superscript III (Invitrogen) followed by a second amplification reaction with nested primers for species B VP1 sequences and PCR cycling times and temperature as previously described (Leitch *et al.*, 2009). One sample, negative for species B, was amplified with primers for species A VP1 sequences according enterovirus surveillance guidelines (WHO, 2015). Amplified products were analysed in 1.5% agarose gels, GelRed-stained, and examined under a UV DNA transilluminator.

**Sequencing and sequence analysis.** The resulting DNA templates were processed in cycle sequencing reaction with a BigDye 3.1 according to manufacturer's protocol. The product of sequencing reaction was run in an automated genetic analyser (Applied Biosystems, model 3730). The resulting sequences were manually edited using BioEdit program and examined to identify the closest homologue using BLAST software (<http://www.ncbi.nlm.nih.gov/BLAST/>). The sequences of isolated strains (region VP1) were aligned with the reference strains. Molecular and phylogenetic analyses were conducted using MEGA version 6.06. Sequences have been assigned GenBank accession numbers.

**Statistical analysis.** To identify statistical significance, a Student's *t*-test analysis was performed online (<http://www.physics.csbsju.edu/stats/>). Results with *p* values of less than 0.05 were considered significant.

## Results

A total of 747 cases of AFP were reported in Poland (Fig. 1) between 1999–2014. Stool specimens were collected from patients with paralysis and their close

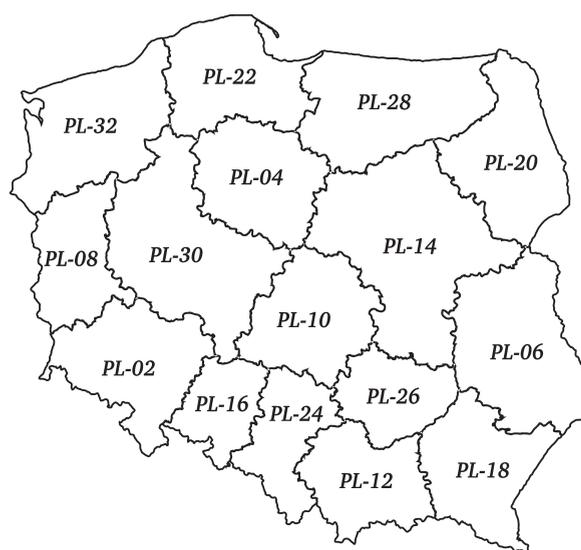


Fig. 1. Map of Poland reflecting study area.

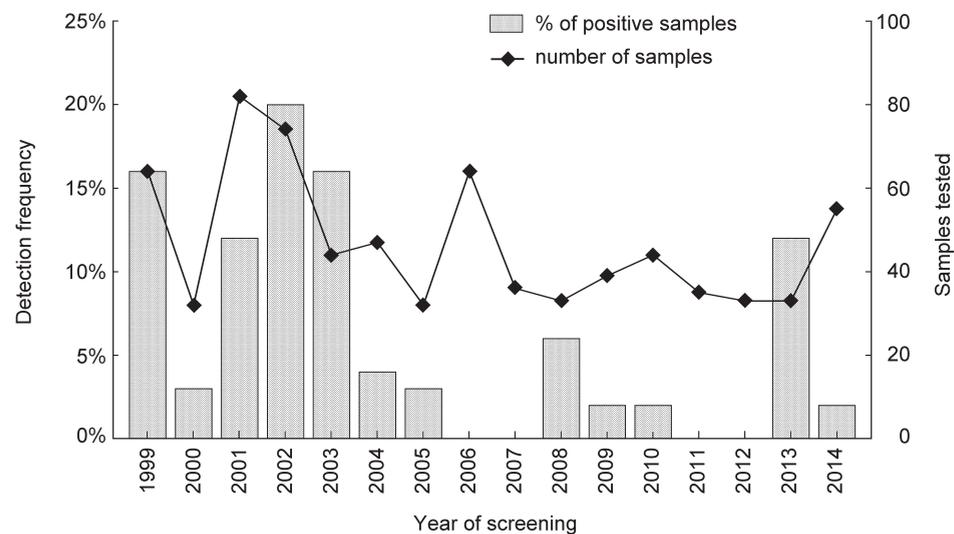


Fig. 2. Detection frequency of enterovirus (polio and non-polio) in patients with acute flaccid paralysis, 1999–2014.

contacts and sent to the National Polio Laboratory in Warsaw. Fifty five (6.12%) cases of AFP were associated with enterovirus isolation from patients or their close contacts. Out of the 55 positive cases, 40 were associated with detection of enterovirus in patient, and 15 with detection of EV in healthy contact, without positive detection in paralytic patient. Out of the 40 positive specimens from patients with paralysis, 23 were identified as PVs, 14 as NPEVs, and 3 were identified as a mixture of PV and NPEV. Out of the 15 cases with positive enterovirus detection in healthy contacts, 8 were identified as PVs, 6 as NPEVs and 1 as a mixture of PV and NPEV.

The percentage of positive AFP cases varied from year to year, between 0% (2006, 2007, 2011, 2012) and 20% (2002). Figure 2 shows the annual distribution of EV infection cases, confirmed by virus isolation.

During the 16-year study from 1999 to 2014, polioviruses were associated with 35 AFP cases. All PV positive samples produced a cytopathic effect (CPE) both in human rhabdosarcoma (RD) and human poliovirus receptor CD155 expressing recombinant murine (L20B) cells. These isolates were identified as PV by neutralization test, including 5 PV1, 6 PV2, 13 PV3 and 3 mixtures of PV1+PV2+PV3, 5 mixtures of PV1+PV2, 3 mixtures of PV1+PV3. PV isolates were forwarded to the Regional Reference Polio Laboratory. Sequencing and molecular analysis of VP1 coding region in Robert Koch Institute revealed that they were all Sabin strains. No wild polio viruses were identified. From 2000 to 2003, one dose of inactivated polio vaccine (IPV) and five doses of oral polio vaccine (OPV) were recommended in the national immunization program. In 2003, all children received 2 doses of IPV and 3 doses of OPV. Since 2004, three doses of IPV and one dose of OPV have been used in Poland. From 1999 to

2003, the number of polio positive AFP cases (31) was significantly higher than from 2004 to 2014 (4) ( $p=0,001$ ). The average annual incidence of vaccine-associated paralytic poliomyelitis (VAPP) in 2004–2014 was 0,36 cases per year.

The results of this study showed that about 43.6% of positive AFP cases were found in association with the isolation NPEV. From the total collected AFP samples, 25 NPEVs were isolated. Serotyping revealed 15 CVB, 1 CVA9, 1 E3, 2 E4, 1 E9, 2 E11, 1 E13, 1 E30 and one additional isolate remains untyped. The most common was CVB (15/25, 60%). The percentage non-polio positive AFP cases, during the study period, ranged between 0% (2006, 2007, 2009, 2010, 2011, 2012) and 9.1% (2013). There was no significant difference in non-polio enterovirus positive cases between two periods of analysis (1999–2003 and 2004–2014) ( $p=0.213$ ).

The sequences of isolated strains (region VP1) were compared with all the enterovirus sequences available in GenBank, and the virus isolates to be identified were assigned the serotype of the strain that gave the highest identity score (Table I). The nucleotide identity values for the 25 NPEVs ranged from 90% to 99%. The results show a wide diversity of species EV-B types. A total of 12 different types were detected (CVA9, CVB1, CVB3, CVB4, CVB5, E3, E4, E9, E11, E13, E30), 10 from AFP cases and 5 from contacts. Three types (E4, CVB3 and CVB5) were detected in cases and contacts, while other isolates were found mainly in one group. Compared to other types, CVA9, CVB1, CVB4, E9, E11, and E30 were significantly associated with AFP (Table I). Among the 12 serotypes, CVB3 and CVB5 were more frequently detected than others, representing 40% of the characterized isolates, followed by CVB4 (16%), E4 (8%), and E11 (8%). Among the 25 NPEVs, one type of species EV-A was identified. Enterovirus 71 isolated

Table I  
Identification of 25 non-polio enterovirus isolates by BLAST comparisons.

AFP strains from Poland			Highest scoring strains				
No/Region/year of isolation Accession number	Specimen source	Strain	Name	Accession number	% sequence identity	Country and date of collection	Specimen
136/PL14/1999 KU189231	contact	CVB5	COPH59346_DNK_02 CF1107P_FRA_99	HF948072.1 HF948032.1	97% 94%	Denmark 2002 France 1999	stool throat
348/PL10/1999 KU189232	contact	CV B5	COPH59346_DNK_02 CF1107P_FRA_99	HF948072.1 HF948032.1	96% 94%	Denmark 2002 Francja 1999	stool throat
356/PL14/1999 KU189233	case	CVB5	COPH59346_DNK_02 2000/CSF/KOR	HF948072.1 AY875692.1	96% 93%	Denmark 2002 Korea 2000	stool CSF
390/PL14/1999 KU189234	case	E11	Jena 799/2002 S53.98.TUNI1998	DQ092796.1 HQ674721.1	95% 98%	German 2002 Tunisia 1998	– stool
616/PL04/2000 KU189235	case	CVB3	Macocy Nancy	JQ040513.1 JX312064.1	99% 99%	China 2007 USA 1949	– stool
722/PL16/2001 KU189236	case	CVB4	CVB4_CF1561_FRA00 08fra96	HF948089.1 AF160024.1	98% 96%	France 2000 France 1996	throat sewage
1024/PL04/2001 KU189237	contact	E4	DuToit	AJ241424.1	99%	France	–
1026/PL08/2001 KU189238	contact	CVB5	Faulkner	AF114383.1	99%	USA 1954	stool
1028/PL08/2001 KU189239	case	E4	DuToit	AJ241424.1	99%	France	–
1038/PL24/2001 KU189240	case	CVB4	P234pak92 6653net94	AF160018.1 AF160022.1	95% 95%	Pakistan 1992 Netherlands 1994	– –
1084/PL18/2001 KU189241	contact	CVB5	Jena804/2002 CF516_FRA_00	DQ092797.1 HF948033.1	98% 97%	Germany 2002 France 2000	– CSF
1130/PL30/2001 KU189242	case	CVB4	P234pak92 16723net98	AF160018.1 AF160027	95% 95%	Pakistan 1992 Netherlands 1998	– –
1152/PL26/2002 KU189243	contact	E13	E13_CF711_FRA00 E13_CF1612_FRA00 S3(1)–1	HF948099.1 HF948100.1 AB501332.1	98% 98% 96%	France 2000 France 2000 Japan 2002	stool CSF river water
1414/PL18/2002 KU189244	case	E9	DM E9_CF315022_FRA04	AF524867.1 HF948096.1	96% 95%	Netherlands 1997 France 2004	– throat
1500/PL12/2002 KU189245	case	CVB3	CBV3-18219-02 2679	AY89673.1 KJ489414.1	99% 94%	Moldova 2002 France 1993	– –
1595/PL20/2002 KU189246	contact	CVB3	CBV3-18219-02 2679	AY89673.1 KJ489414.1	99% 94%	Moldova 2002 France 1993	– –
1718/PL06/2003 KU189247	case	CVB1	1167438_pmMC 05.316.1153	JN797615.1 FJ868324.1	90% 91%	Switzerland 2010 Australia 2005	– –
1792/PL02/2004 KU189248	contact	CVB3	CVB3_CF193061_FRA05 CVB3_CF3109_FRA01	HF948087.1 HF948084.1	96% 96%	France 2005 France 2001	throat urine
1864/PL14/2005 KU189249	contact	E3	LR31G7 E3_CF182018_FRA05	FJ766334.1 HF948092.1	96% 95%	Greece 2005 France 2005	– –
2048/PL24/2008 KU189250	case	CVB3	E2012174 EV_851023_ADAM_NL08	JX027614.1 KC893469.1	98% 99%	Taiwan 2012 Netherlands 2008	– –
2055/PL12/2008 KU189251	case	CVB4	CF185005/CSF_4.64_FRA12 364004-06	HG793672.1 AM711078.1	93% 93%	France 2012 France 2006	CSF CSF
2235/PL12/2013 KT 809227	case	E30	ZJ/WZ-30/11 C24/GD/CHN/2012	JX0282231 KM034795.1	99% 98%	China 2011 China 2012	CSF CSF
2239/PL28/2013 KU189252	case	EV71	EV71/XY4/2011 JB143090060	JX0750098 KC866721.1	99% 98%	China 2011 China 2009	– stool
2249/PL12/2013 KU189253	case	CVA9	A108/YN/CHN/2009 CVA9_Alberta_2010	KM890277.1 JQ837914.1	93% 92%	China 2009 Canada 2010	feces CSF
7667/PL24/2014 KU189254	case	E11	44626_RU_OMS_2012 CF216070/CSF_4.20_FRA12	KP090684.1 HG793710.1	97% 96%	Russia 2012 France 2012	– CSF

from AFP case in Poland had the closest genetic relationship with C4 isolates previously identified in China in 2009 and 2011.

To investigate the genetic relatedness of EV-B isolates in Poland to globally circulating types, we performed phylogenetic analyses of partial VP1 sequences with the prototypes representing different types available in the GenBank. Phylogenetic tree was constructed from the aligned nucleotide sequences by using the neighbor-joining method. VP1 sequences obtained from a total of 24 NPEV isolates formed monophyletic clusters with their prototype strains according to their serotype. The tree in Fig. 3 compares the sequences of 72 isolates, 24 from our region, 48 from other countries, and from prototype isolates and previously published sequences in GenBank. Phylogenetic analysis revealed that strains from Poland had the closest genetic relationship with isolates previously identified in Europe (France, Finland, Denmark, Moldova) but also in other parts of the world (Tunisia, China, USA) (Fig. 3).

In the VP1 tree, several serotypes showed subclustering into various groups. Two distinct genogroups were observed for CVB4 and E11. CVB5 and CVB3 demonstrated three subclusters. The other enterovirus serotypes existed as a single genotype throughout our study period.

A total of 5 CVB3 strains were isolated during the AFP surveillance in 1999–2014. Homologous comparison revealed 78.0% to 98.3% VP1 nucleotide sequence similarities among themselves, and 78.2% and 99.4% with prototype strain Nancy. A total of 5 strains of CVB5 were detected during the study period. Homologous comparison revealed 77.0% to 98.9% VP1 nucleotide sequence similarities among themselves, and 77.1% to 99.9% with prototype strain Faulkner. The comparison of CVB4 strains revealed 89.9 to 98.9% VP1 sequence similarities among themselves, and 82.3% to 83.3% with prototype strain J.V.B. Benschoten.

### Discussion

The Global Polio Eradication Initiative has succeeded in reducing the circulation of wild poliovirus. Europe was declared polio-free in 2002. The last indigenous WPV in Poland was isolated in 1984 (Jarzabek *et al.*, 1992). However, AFP surveillance is still of great importance in monitoring re-emergence of WPV poliomyelitis and emergence of vaccine-derived polioviruses. During AFP surveillance in Poland from 1999 to 2014, polioviruses were associated with 35 (4.7%) cases of AFP. The findings confirmed all cases as Sabine-like polioviruses. The isolation of these strains indicates vaccine-associated paralytic poliomyelitis. All 3 serotypes of Sabine polioviruses were found with type 3

being the dominant. This serotype frequently causes of VAPP (Vaccine Associated Paralytic Poliomyelitis) (Kapusinszky *et al.*, 2010). The higher rate of PV detection during the period 1999–2004 likely results from the extensive use of OPV up to 2004. During the past 11 years, OPV has been used only as a booster dose after a sequential schedule of IPV. The risk of VAPP varies by doses of OPV vaccine. Most studies have shown that two doses of IPV induce protective levels of antibodies in 90% or more recipients, which should reduce the incidence of VAPP after OPV administration.

In addition to PVs, 25 NPEVs have been isolated during the AFP surveillance conducted in Poland from 1999 to 2014. The result of our study suggested that about 3.2% of AFP cases are found to be associated with isolation of only NPEV. According to the guidebook issued by the WHO, during 1967–1970, just less than 1% of the patients who were infected with NPEVs showed paralysis. The WHO reported a same percent of non-polio enteroviral AFP during 2000–2003. Scottish researchers reported isolation of coxsackie virus in 15.6% patients with paralysis during 1956–1973 (Grist and Bell, 1984). Australia showed that 15% of AFP in 1963 caused by NPEVs. Nigeria has also reported that 14.6% of AFP during 2002–2003 was caused by NPEV (Mehrabi *et al.*, 2011). Reports of NPEV isolation rate among AFP cases in Asian countries varied from below 10% in Malaysia and the Philippines (Apostol *et al.*, 2012), to as high as 30% in India from 2007 to 2009 (Kapoor *et al.*, 2001). The annual NPEV isolation rate in most tropical countries typically exceeds 10%, but the variability of findings influenced by a number of factors, including the season of the year, elevation, or population hygienic levels.

Isolation of NPEVs from AFP cases is common worldwide, but clinically it is difficult to determine their association with paralytic disorders. Although detection of one of the NPEV types during the course of AFP may not provide a proof of a causal relationship, the etiological role of NPEV associated with this syndrome also may not be ruled out.

The predominance of EV-B species found in this study was similar to that of the recent reports described for NPEV strains from hospitalized children and AFP cases from India, Nigeria and Philippines (Laxmivandana *et al.*, 2013; Oyero *et al.*, 2014). In total 12 different types were detected, 6 serotypes of echoviruses, 1 serotype of CVA and 4 CVB serotypes. The enteroviruses reported in this study (CVA9, CVB1, CVB3, CVB4, CVB5, E3, E4, E9, E11, E13, E30) have been earlier isolated in different countries from patients with AFP. Among the 12 serotypes, CVB were more frequently detected than others, representing 60% of the characterized isolates. CVB and E6, E9, E11 have been also found to be prevalent in AFP cases from India

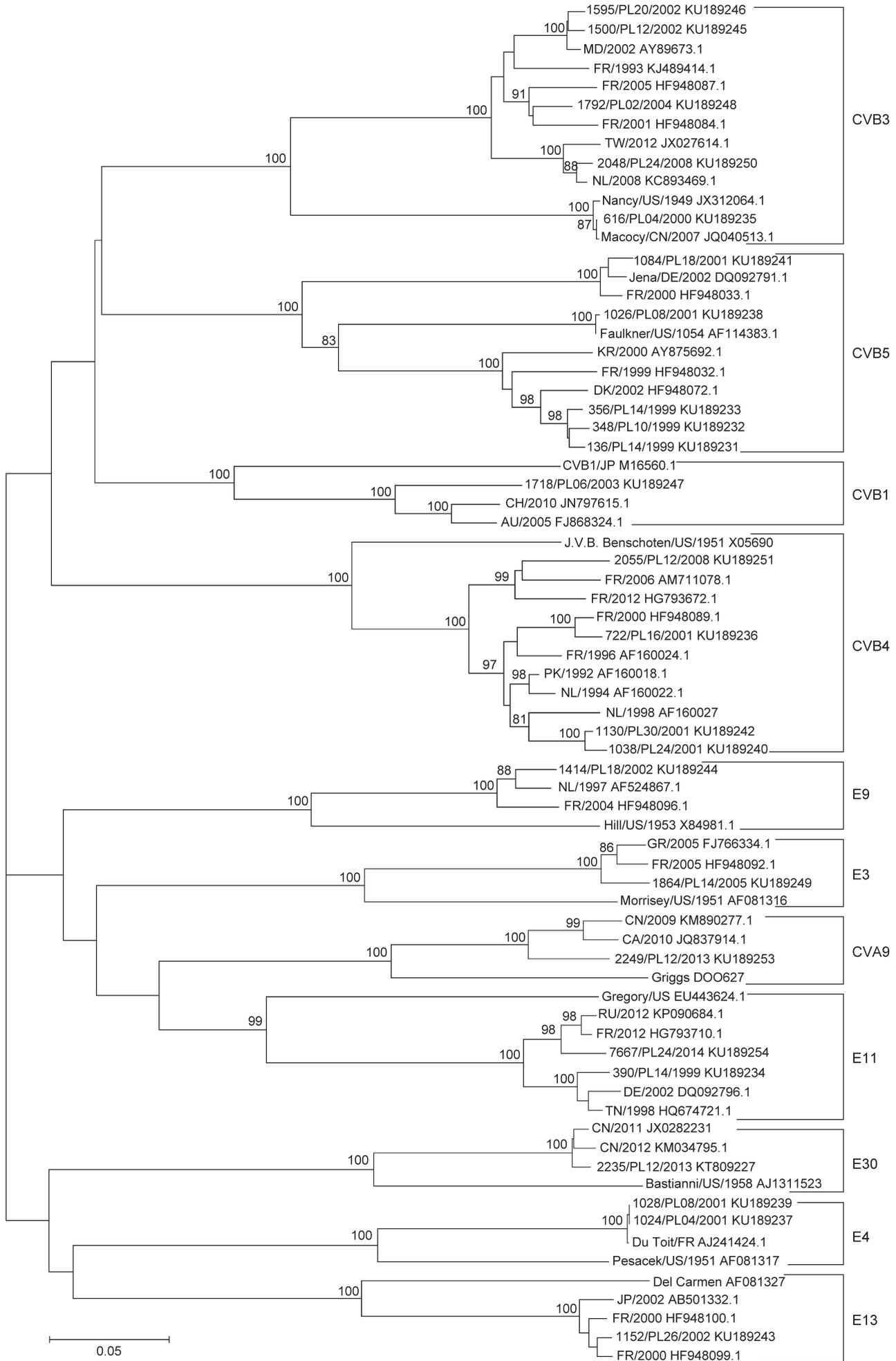


Fig. 3. Phylogenetic tree depicting the relationships between partial capsid gene sequences of 24 Polish NPEVs isolated from 1999 to 2015 and 48 sequences from GenBank. Each strain is referenced by its geographical origin and its accession number. The tree was constructed by the neighbour-joining method and evaluated with 1000 bootstrap pseudoreplicates. Only bootstrap values  $\geq 80\%$  are indicated. In the analyses, genetic distances were calculated with Kimura 2-parameter algorithm. Analyses were conducted in MEGA 6.06 (Tamura *et al.*, 2013).

and other countries (Kapoor *et al.*, 2001; Bahri *et al.*, 2005; Dhole *et al.*, 2009). Most of the detected serotypes of NPEV during AFP surveillance in Poland were also found in sewage. E3, E11 and CVB were the predominant serotypes detected in raw sewage in Poland in 2011 (Wieczorek *et al.*, 2015).

The enteroviruses reported in this study were also found in stools of healthy persons. In Ghana, CVB, E13 and E7 were detected in healthy school children (Odoom *et al.*, 2013). Echovirus 30, E33, E12, E25 and CVA were isolated from healthy family members in Mongolia (Kuramitsu *et al.*, 2005) and E6, E11, E9 and CVB were found among healthy children in India and Egypt (Dhole *et al.*, 2009; Attoh *et al.*, 2014). Healthy children are known to be the major reservoir for enteroviruses in the community.

All the typing results were confirmed by phylogenetic analysis including VP1 sequences of the EV prototype isolates. Analysis of VP1 gene sequences of NPEV strains is widely carried out to determine the EV species and genotypes that circulate in the population. For most enterovirus serotypes, a clear correlation between genetic variability and pathogenic phenotype has not yet to be established. The same virus strain may induce either a clinical disease or an asymptomatic infection. Phylogenetic analysis revealed that strains from Poland had the closest genetic relationship with isolates previously identified in Europe but also in other parts of the world.

This is the first report of the occurrence of EV-71 in Poland. The Polish strain was the closest related to sublineage C4 strains isolated in China. The C4 subgenotype has predominantly been identified in large outbreaks of hand, foot and mouth disease in Asia, where severe cases and a rather high mortality rate have been reported. In 2004 the C4 subgenotype was detected for the first time in Europe (Mirand *et al.*, 2010).

The limitation of this study include lack of true controls as only contacts of AFP cases were tested, which are likely to share exposures and consequently viral flora, with cases. In addition, stool is not the optimal specimen for enterovirus disease association studies due to the high proportion of asymptomatic infections and because disease generally affects other organ systems. The study has some limitations for NPEV surveillance as the focus of the WHO is to detect PVs. The two cell lines recommended for PV isolation (RD and L20B) are less suitable for isolation of NPEVs. Some EV strains that cannot be propagated in RD may have

been underdetected and the growth of the other EV types may have been favored (Hosoya *et al.*, 2002). Until now, no cell line has been identified to isolate all the existing NPEV types.

This study suggests that NPEVs, particularly those within the species EV-B may play a contributing role in the etiology of AFP in the country, highlighting the fact that as polio eradication is closing up, improved efforts should be focused on surveillance of NPEVs. After the eradication of poliomyelitis, AFP cases negative for wild poliovirus, but positive for NPEV will continue to be detected. The results of this study indicate that characterization of NPEV isolates could provide better understanding of the epidemiology of NPEV causing paralysis.

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